

# NECHAMA'S NEWSFLASH



## THE MONTH OF SIVAN

# TJJ FAMILY

#### Dear friends,

We hope this newsletter finds you well and filled with excitement as summer quickly approaches. Today is the 13th day of the Jewish month of Sivan. It is a significant time for the Jewish people, as we celebrate the giving of the Torah more than 3,300 years ago. Hashem bestowed this precious gift upon us forever connecting us to our spiritual heritage. This joyous holiday holds deep meaning for us, as we reflect on the momentous gathering of all Jews, past, present, and future, at Mount Sinai.



Just after honoring moms for Mother's Day, we celebrated the art of making challah at our second annual Post-Mother's Day "Nechallah" Bake. The event brought together over 215 grandmothers, moms, and teens, filling the room with laughter and dough. It was a heartwarming occasion, highlighting the power of challah in fostering connections to our roots.



#### HIGHLIGHTS

During the event, we had the pleasure of hearing from two inspiring individuals. Sofie Glassman, a sophomore at East Meadow High School, shared her story of how challah became a weekly activity during the challenging times of Covid. Together with her mom, Sofie embarked on a beautiful tradition of making and delivering challah to other families, strengthening bonds and providing solace in the face of adversity.

Rebecca Lefkowitz, a devoted mother of three, also spoke about the impact that challah had on her family's Jewish identity. Reflecting on her own upbringing and the transformative TJJ for Moms trip, Rebecca shared how the experience influenced her and her family's connection to their heritage. Through the shared experience of making challah, they found a powerful catalyst for embracing their Jewish roots and forging lasting memories.

### **SHAVUOT**

In the spirit of Shavous, we recently gathered on the serene bay in Merrick for a memorable evening. As the sun gracefully set, we immersed ourselves in the beauty of this holiday and what it means for the Jewish people. We delved into the rich traditions and teachings, cherishing the opportunity to deepen our connection to our faith. Additionally, we explored the art of arranging a beautiful bouquet of flowers, infusing our festivities with creativity and beauty.



Continuing our celebration of the holiday season, TJJ for Moms attended the allnight Shavuot program at SKA. The evening was preceded by an elegant holiday dinner graciously hosted bv families (thank you to the Sokol and Muller families) in the community. As we gathered in the vibrant atmosphere, the spirit of the holiday enveloped us, filling our hearts with gratitude and joy. The program was a mesmerizing journey of learning and spiritual growth, immersing us in the profound teachings and significance of Shavuot.

It is through such moments that we truly capture the essence of the holidays, as we come together in unity and shared purpose. The bonds we forge, the knowledge we gain, and the memories we create are invaluable treasures that strengthen our community.



As we wrap up our year with events that will prepare moms and dads embarking on the journey of a lifetime, we take a moment to reflect and appreciate what we have accomplished the past year, we look forward to the future and we wish you all a safe and memorable summer.

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